



3

Tips for looking
AMAZING in selfies
& videos

This guide will walk you through 3 Tips for looking AMAZING in selfies + videos!

Hey!

I'm Stephanie Ann and I'm SO excited you downloaded this guide!!!

Do you struggle with taking selfies? Is it a challenge to get that double chin to be a single cute chin? Or, do you struggle with looking professional while recording videos?

Don't worry **you are NOT alone!** I have given presentations to many entrepreneurs and women who feel exactly the same!

If you have a hobby, side business, if you are a full-time entrepreneur or just want to share your life and journey on social media, I want to share with you **my 3 top tricks** to looking amazing in selfies & videos.

Let's get started!!!

♡ Stephanie Ann

The 3 Tips: Camera, Lighting & Chin



As you can tell, these tips help A LOT!

♥ Tip 1: Camera

- Make sure that your camera lens is clean! You may laugh, but you'd be surprised how many people have a thumbprint on their phone's camera, which makes their selfie or video not look sharp and clear.
- Make sure that your camera lens is 1" above eye level and is **tilted** slightly down. **NEVER** tilted up.

♥ Tip 2: Lighting

- THE BEST LIGHT is natural light.
- Stand 1-2 feet IN FRONT of a window and get that beautiful, even light on your gorgeous face!
- DO NOT have the window on either side of you or behind you. Having the window on the side of you or behind you is going to cause weird shadowing on your face, and it's going to make your selfies and videos hard to look at and watch.

WRONG

I'm standing WITH MY SIDE facing the window and it's creating the harsh shadows on my face



RIGHT

I'm standing in FRONT of the window and getting beautiful, even light!



♥ Tip 3: Chin

- ALMOST everybody, it doesn't matter if you're super skinny or curvy, has a resting double chin.
- To eliminate your resting double chin, bring your chin straight towards the camera and then tilt it slightly down.
- DO NOT lift your chin up! Even though it will eliminate the double chin, your chin look broader and more manly.



WRONG

My chin is lifted UP, making it the closest thing to the camera.

Now my chin is the BIGGEST part of my face, which is NOT good.

RIGHT

My chin is brought STRAIGHT towards the camera and slightly tilted DOWN.

This position feels SO WEIRD, but looks great!



I hope you enjoyed my top 3 Tips for looking AMAZING in selfies & videos! I can't wait for you to use them!

Stephanie Ann

Photographer | Educator | Speaker



♡ Stephanie Ann